

Parent/Carer advice sessions are held at the following venues

<b>CORFE MULLEN CHILDREN'S CENTRE,</b> 54 Wareham Road, Corfe Mullen BH21 3LE Monday mornings 9.30am—11.30am <b>11th January</b> <b>8th February</b> <b>8th March</b>	<b>WEST MOORS CHILDREN'S CENTRE</b> 4, Heathfield Way West Moors BH22 0DA Tuesday evenings 5.30pm—7.30pm <b>26th January</b> <b>23rd February</b> <b>30th March</b> <b>27th April</b>
<b>LEIGH PARK CHILDREN'S CENTRE,</b> Gordon Rd, BH21 2AP Wednesday mornings 9.30am— 11.30am <b>6th January</b> <b>3rd February</b> <b>3rd March</b>	<b>FERNDOWN, CHILDREN'S CENTRE</b> FERNDOWN, FIRST SCHOOL BH22 9FB Friday mornings 9.30am—11.30am <b>15th January</b> <b>12th February</b> <b>19th March</b> <b>23rd April</b>

East Dorset locality 01202 225710

eastfamilypartnershipzone @dorsetcc.gov.uk

## East Dorset Locality

### Parent/Carer Advice Sessions

By appointment only

Advice and guidance for any family member responsible for a young person between 0—19 years

People Helping People



Come along to one of our advice sessions

Call **01202 225710** for an appointment



### What are Parent/Carer advice sessions

These weekly advice sessions are for you to attend in person or over the phone to get practical and friendly support around any aspect of looking after children or family life

### I've never been to an advice session before — does that matter?

Not at all! Come along or give us a call—this is where we help you find some support with a range of different challenges of modern family life



### I'm worried everyone will be perfect parents

There is no such thing as a perfect parent. This group is for real parents and carers who are seeking a bit of support to improve their family life

The East Locality team is a group of professionals trained to work with families with children aged 0-19. We draw on the different expertise of the team members and partner agencies to make sure that we support all families in East Dorset

### What if I need a bit more support?

If you feel that you would benefit from more regular support, together we can assess what your needs are and work out the best support route for you.